

Media Background Kit

Vote YES on 1!

If approved by voters on November 3rd, the Reproductive Freedom Amendment would amend the state constitution to ensure Virginians can make our own decisions around reproductive healthcare. This includes protecting our freedom to make personal decisions about prenatal care, childbirth, postpartum care, birth control, abortion, miscarriage management, and fertility care. It protects doctors, nurses, and patients from being punished for these decisions. It allows restrictions on access to abortion during the third trimester except when the patient's health is at risk or the pregnancy cannot survive.

Who is Virginians for Reproductive Freedom?

We are a coalition of Virginia families, doctors, nurses, and advocacy organizations who believe that all Virginians should be able to make decisions regarding their own reproductive healthcare, including abortion care, without government interference, and no one should be faced with criminal punishment for making these decisions or providing healthcare.

Coalition partners: **ACLU of Virginia, A Woman's Choice Inc., All* Above All, American College of Obstetricians and Gynecologists, Birth in Color, Catholics for Choice, Committee to Protect Health Care, Equality Virginia, Fairness Project, Feminist Generation, Feminist Majority Foundation, Freedom Virginia, Hamkae Center, Jews United for Justice, Latina Institute for Reproductive Justice Virginia, League of Women Voters of Virginia, Men4Choice, National Council of Jewish Women, National Organization of Women (NOW) Virginia Chapter, National Women's Political Caucus of Virginia, Planned Parenthood Advocates of Virginia, Progress Virginia, Religious Action Center for Reform Judaism, REPRO Rising Virginia, Reproductive Freedom for All, Reproductive Health Access Project (RHAP), Small Business Majority, Think Big America, The Fairness Project, Whole Woman's Health Alliance, and Women of Reform Judaism**

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The Ballot Question

Question: Should the Constitution of Virginia be amended to (i) protect the freedom to make personal decisions about prenatal care, childbirth, postpartum care, birth control, abortion, miscarriage management, and fertility care; (ii) protect doctors, nurses, and patients from being punished for these decisions; and (iii) allow for restrictions on access to abortion during the third trimester of pregnancy except when the patient's health is at risk or the pregnancy cannot survive?

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Virginia Timeline

June 24, 2022: The Dobbs decision overturned the federal right to abortion established in Roe v. Wade and left the authority to regulate abortion to the states

November 20, 2023: Constitutional Amendment legislation prefiled in the House

November 25, 2024: Constitutional Amendment legislation prefiled in the Senate

February 13, 2025: First passage of the Constitutional Amendment legislation in the House and Senate with a majority vote

January 16, 2026: Second passage of the Constitutional Amendment Legislation in the House and Senate with a majority vote

February 6, 2026: Governor Spanberger signed the Constitutional Amendment Legislation, putting the question on the ballot for voters

May 16, 2026: Virginians for Reproductive Freedom launched campaign

September 18, 2026: Voting begins

November 3, 2026: Election Day

January 1, 2027: If approved by voters, the Reproductive Freedom Constitutional Amendment takes effect

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Press Releases

July 13, 2026 - [This November: Virginians to Vote YES on ONE](#)

June 24, 2026 - [Four Years After Dobbs, Abortion Rights Are on the Ballot in Virginia](#)

May 16, 2026 - [Hundreds of Virginians March in Support of Reproductive Freedom](#)

February 6, 2026 - [Governor Spanberger Sends Reproductive Freedom Amendment to the People](#)

January 18, 2026 - [ICYMI: Reproductive Freedom Will Be on the Ballot](#)

January 16, 2026 - [Victory: Reproductive Freedom Amendment is Officially on the Ballot](#)

January 15, 2026 - [Reproductive Freedom Amendment Advances in the Virginia General Assembly](#)

November 5, 2025 - [Constitutional Amendment for Reproductive Freedom Ballot Measure One Step Closer to Reality in Virginia](#)

June 27, 2025 - [Three Years After Dobbs, Virginia Fights to Secure Abortion Rights in Constitution](#)

January 31, 2025 - [Crossover 2025](#)

January 21, 2025 - [House Floor Vote](#)

January 14, 2025 - [First Votes](#)

January 13, 2025 - [Session Update](#)

January 1, 2025 - [Introducing Virginians For Reproductive Freedom](#)

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The Constitutional Amendment Process

How to Amend Virginia's Constitution: *Six Steps*



Step 1: The amendment must pass both chambers of the General Assembly with a majority vote.
Completed: February 2025



Step 4: The General Assembly passes legislation, signed by the Governor, that puts the question on the ballot for voters.
Completed: February 2026



Step 2: The House of Delegates must retain a supportive majority after the November elections.
Completed: November 2025



Step 5: The amendment must pass with a majority of voters choosing "yes" in the general election.
Timing: November 2026 Election



Step 3: The amendment must pass both chambers again.
Completed: January 2026



Step 6: The text of the amendment is added to the Virginia Constitution, giving ALL Virginians the fundamental right to reproductive freedom!



Join us to enshrine **reproductive freedom** in Virginia's Constitution!



National Context and Data

[KFF](#)

[Guttmacher](#)

[ProPublica](#)

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News Stories for Context

Virginia voters will decide the future of abortion access

By Catesby Holmes and Cameron Oakes, The 19th News 1/16/26

Virginia lawmakers send reproductive rights amendment toward November vote

By Charlotte Rene Woods, Virginia Mercury 1/19/26

Opinion | My Family Deserves to Exist - RVA Mag

By Alexis Jackson, RVA Mag 2/17/26

Reproductive Freedom Is On the Ballot in Virginia This November - Feminist Majority Foundation

By Jaharra Anglin Stubbs, Feminist Majority Foundation 2/26/26

How advocates have protected the south's last stronghold for reproductive care

By Maeve Bauer, Commonwealth Times 3/18/26

Column: Amendment will protect reproductive care for all Virginians – The Virginian-Pilot

By Heather St Amand, Virginian-Pilot 4/13/26

What we've learned in Bristol about reproductive freedom

By Cheryl Hanzlik, Virginia Mercury 5/7/26

Rally on Broad Street and Virginia Capitol for Reproductive Freedom Amendment - RVA Mag

By Goad Gatsby, RVA Mag 5/18/26

GUEST OPINION: It's time to tell my story

By Hala Ayala, Prince William Times 6/25/26

Guest Column: My daughter exists because abortion is legal

By Kacia Kriener Putman, InsideNOVA 7/14/26

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VRF logo files

[Alt text: Vote Yes on 1 under the state of Virginia with a checkmark inside of it]

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Photos and Videos

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Social Media Accounts

Facebook: [Virginians for Reproductive Freedom](#)

Instagram: [@Va4ReproFreedom](#)

Threads: [@Va4ReproFreedom](#)

Bluesky: [@Va4ReproFreedom](#)

Substack: [Va4ReproFreedom.Substack.com](#)

YouTube: [@Va4ReproFreedom](#)

Contact Us

We'd love to connect you to our campaign! Please reach out about:

- Interview opportunities with campaign leadership
- Conversations with storytellers
- Conversations with medical providers
- Canvassing and GOTV events
- Statements on breaking news
- And more!

All media inquiries should go to:

[Mary Olivia Rentner](#)

Communications Director, Virginians for Reproductive Freedom